



DECEMBER 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 Ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (443)262-4423 Kent (410) 810-0125</p>		<p>Services:- Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 Ext: 4510 La Leche League (LLL)-Please refer to website for more information: http://www.llfmd-de-dc.org/</p>		<p>1 Union Hospital – Elkton -6-7:30pm – Breastfeeding Mom's Cafe -(443)245-7305 -FREE Union Hospital – Elkton -6:30-9pm – Breastfeeding Basics -(443)245-7305 -\$10</p>	<p>2 Anne Arundel Medical Center -7pm – Back to work and Breastfeeding Support Group -(443)481-6122 -FREE</p>	
4	5	<p>6 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE</p>	7	<p>8 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE</p>	9	10
11	12	<p>13 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE</p>	<p>14 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40</p>	15	16	17
18	19	<p>20 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE YMCA - Easton -4- 6pm - Breastfeeding Support Group -443- 949-5180 -FREE</p>	<p>21 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40</p>	22	23	24

25	26 State Holiday	27 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	28	29	30	31
	JANUARY 2017					
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1	2 State Holiday	3 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	4 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40	5 Union Hospital – Elkton -6-7:30pm – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	6 Anne Arundel Medical Center -7pm – Back to work and Breastfeeding Support Group -(443)481-6122 -FREE	7
8	9	10 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	11	12 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	13	14

15	16 Martin Luther King Holiday	17 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE YMCA - Easton -4- 6pm - Breastfeeding Support Group -443- 949-5180 -FREE	18 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40	19	20	21
22/29	23/30	24/31 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	25 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40	26 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	27	28
<div>  <h1>FEBRUARY 2017</h1>  </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		La Leche League (LLL)-Please refer to website for more information: http://www.llofmd-de-dc.org/	1 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40	2 Union Hospital – Elkton -6-7:30pm – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE Union Hospital – Elkton -6:30-9pm – Breastfeeding Basics -(443)245-7305 -\$10	3	4
5	6	7 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	8 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40	9	10	11
12	13	14 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	15 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40	16	17	18

19	20 Presidents' Day Holiday	21 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE YMCA - Easton -4- 6pm - Breastfeeding Support Group -443- 949-5180 -FREE	22 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40	23	24	25
26	27	28 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE		To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (443)262-4423 Kent (410) 810-0125 Services:- Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 ext: 4510		